

Coventry & Rugby CCG Preferred Prescribing List (PPL) for Emollients

Coventry & Warwickshire
Area Prescribing Committee

Resource Document

The APC approves this document as appropriate for use within the health economy by those clinicians, or group of clinicians, that choose to. This resource has not received the extensive scrutiny required for it to be designated as an APC clinical guideline.



Adults with moderate to severe eczema may require up to **4 x 500g of cream / ointment each month** (2 x 500g for children)

Review patients applying emollients only for cosmetic use

Product	Pack Size	Cost Price per 100g or mL	Notes
Lotions			
Cetraben Lotion®	500 mL 200 mL	£1.13 £2.00	❖ May be used as an alternative to Aveeno Cream and Lotion®
Creams			
Aquamax Cream®	500g 100g	£0.80 £1.89	❖ Avoid Aqueous Cream as it may cause skin reactions ❖ Aquamax Cream® can be used as a wash ❖ Zerobase Cream® is similar to Diprobase Cream® but is less expensive ❖ Zerocream Emollient® is similar to E45 Cream® but is less expensive
QV Cream®	500g 100g	£1.18 £2.06	
Zerobase Cream®	500g 50g	£1.05 £2.08	
Zerocream Emollient®	500g 50g	£0.82 £2.34	
Cetraben Cream®	500g	£1.20	
Ointments			
Hydromol Ointment®	500g 125g	£0.98 £2.30	❖ High paraffin content (high fire risk) ❖ Useful for very dry and thickened skin ❖ Twice daily application may be sufficient
Cetraben Ointment®	450g	£1.20	
Emollients with Antimicrobials			
Dermol Cream®	100g	£2.86	❖ Avoid long term use (NICE CG57) ❖ Reserve for decreasing bacterial load in recurrent infected atopic eczema
Dermol 500 Lotion®	500 mL	£1.21	
Emollients with Urea			
ImuDERM Urea Emollient® [urea 5% & glycerin 5%]	500g	£1.30	❖ Non-paraffin products ❖ Suitable for patients with dry, scaling and itching skin
Balneum Cream® [urea 5% & ceramide 0.1%]	500g	£1.99	
Bath & Shower Emollient Products			
Dermalo Bath Emollient®	500 mL	£0.69	❖ Can be applied before bathing, showering or washing over the skin while in the water ❖ A maximum of 500ml per month ❖ Advise to continue using standard emollients
Aquamax Wash®	250g	£1.20	
QV Gentle Wash®	500 mL	£1.06	
Hydromol Bath & Shower	500 mL	£0.88	
Bath & Shower Emollient Products with Antimicrobials			
Dermol 600 Bath Emollient®	600 mL	£1.26	❖ Avoid long term use (NICE CG57) ❖ Reserve for decreasing bacterial load in recurrent infected atopic eczema
Oilatum Plus Bath Additive®	500 mL	£1.40	
Dermol 200 Shower Emollient®	200 mL	£1.78	

Prices listed have been taken from the Drug Tariff August 2016 and EMIS

Notes

- ❖ An NPSA alert 2007 highlighted the potential fire risk with topical administration of paraffin based products
- ❖ Patients should be told to keep away from open or gas fires or hobs and naked flames, including candles etc and not to smoke when using these paraffin containing preparations
- ❖ Patients on medical oxygen who require an emollient should not use paraffin based products

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