

Preferred Prescribing List (PPL) – Mental Health & CAMHS



.See BNF for full prescribing details. Listed in alphabetical order (& not preference). Shared Care Status @ 05/16):SO Specialist Only; SC Shared Care; SI Specialist Initiation SA Specialist Advised

Drugs grouped by BNF sub-chapter, and not mental health condition. When selecting therapy continue to be guided by important features of patient choice, side effects and to individualise therapy in line with NICE guidance and previous patient response.

Drug Group	BNF	Preferred Choice(s) – First Line – Written as indicated	Second Line Alternative Choices	Non Formulary (Qualified Choices and Notes)
Hypnotics	4.1.1	Zopiclone tablets	Clomethiazole - elderly Temazepam (A controlled drug) Zaleplon; Zolpidem	Avoid cloral betaine chloral hydrate, and nitrazepam, melatonin except in learning disabilities and CAMHS (see below) Restrict flurazepam, loprazolam, lormetazepam, promethazine
Anxiolytics	4.1.2	Diazepam tablets – short term Lorazepam tablets – short term	Buspirone tablets – longer term Oxazepam – short term	All other anxiolytics (as per BNF). Avoid meprobamate-discontinued and diazepam oral solution. See NICE guidance re treatment of GAD – SSRIs, SNRIs, (antipsychotics & pregabalin if specialist treatment)
Melatonin –SC (Learning disabilities & CAMHS only – i.e. not for primary insomnia in adults)		Circadin 2mg MR tablets	Melatonin Caps 2mg,3mg(Special Products Ltd):	KidMel® melatonin liquid 1mg/ml (Special Products) if tabs/caps cant be crushed/mixed with food or liquids.
'Typical' oral antipsychotics	4.2.1	Haloperidol tablets	All other oral 'typicals' antipsychotics	Liquid versions of chlorpromazine, haloperidol & sulpiride.
'Atypical' oral antipsychotics – SA unless stated otherwise	4.2.1	Aripiprazole tablets Olanzapine tablets Quetiapine tablets standard release Risperidone tablets	Amisulpride tablets; Lurasidone (SI); Quetiapine XL tabs to be prescribed as Biquelle XL tablets	Liquid versions of amisulpride, aripiprazole, clozapine, and risperidone. Orodispersible versions of aripiprazole, olanzapine, risperidone (orodispersible tablets are cheaper than oral lyophilisates (wafers)) <u>Avoid oral paliperidone & use oral risperidone</u>
Clozapine - SO	4.2.1	Clozapine as per NICE guidance		For treatment resistant schizophrenia <u>Olanzapine embonate currently not available in CWPT</u>
Antipsychotic 'depots' - SI	4.2.2	Flupentixol decanoate Fluphenazine decanoate Haloperidol decanoate Zuclopenthixol decanoate	Aripiprazole long acting injection Risperidone long acting injection Paliperidone palmitate long acting injection	
Mood stabilisers- Lithiums SC Valproic acid SA	4.2.3	Priadel tablets (lithium carbonate) Depakote tablets (valproic acid)	Carbamazepine tablets Camcolit tablets (lithium carbonate) 400mg Lithium Carbonate Essential Pharma 250mg Lamotrigine	Other lithium brands & liquids (NB only Camcolit & Priadel tablets considered interchangeable). Eslicarbazepine, oxcarbazepine when used as mood stabilisers. Asenapine
Tricyclic & related antidepressant drugs	4.3.1	Amitriptyline tablets Clomipramine capsules Lofepramine tablets Trazodone capsules/tablets	Imipramine tablets	<u>Avoid dosulepin.</u> Liquid versions of amitriptyline, imipramine, lofepramine. All other tricyclic and related antidepressants
Selective serotonin re-uptake inhibitors	4.3.3	Citalopram tablets Fluoxetine capsules (20mg) Sertraline tablets	Escitalopram tablets – 10% dearer than citalopram. Fluoxetine dispersible tabs (20mg); Citalopram drops	Liquid versions of fluoxetine, paroxetine and sertraline Avoid fluoxetine 60mg caps (use 3 by 20mg) Fluoxetine 10mg tablets or capsules a special order costing 90% more
Other anti-depressant drugs	4.3.4	Mirtazapine tablets / orodispersible Venlafaxine standard release tablets Vortioxetine	Venlalic® –venlafaxine MR (OD) tablets Duloxetine capsules	Reboxetine tablets Agomelatine tablets, flupentixol tablets. tryptophan tablets. <u>Avoid non Venlalic (venlafaxine modified release products)</u>
Drugs for dementia SC	4.11	Donepezil tablets Gatalin XL capsules (once daily galantamine) Rivastigmine capsules	Memantine tablets – if intolerant of AChEs or severe dementia see NICE	Liquid versions of galantamine & memantine Rivastigmine patches
CNS Stimulants and drugs used for ADHD-SC	4.4	Methylphenidate tablets 100% IR Medikinet XL capsules(50% IR/50% XL) Equasym XL capsules (30% IR/70% XL)	Concerta XL tablets (22% IR/78% XL) Atomoxetine capsules; Guanfacine XL tablets; Lisdexamfetamine capsules	Atomoxetine liquid Dexamfetamine tablets – third line as per NICE