

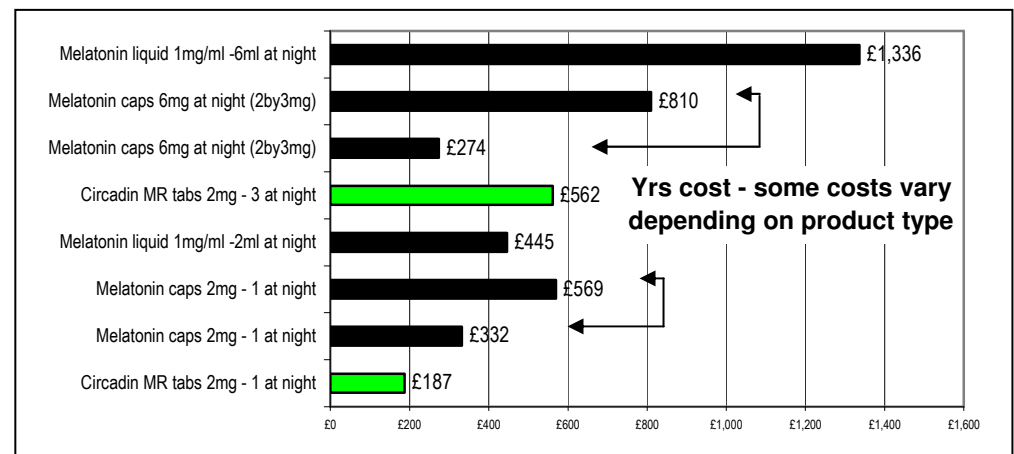
Prescribe as written	Rational	Notes
<p>Preferred Choice: Circadin® m/r tabs 2mg</p> <p>Off label use of licensed product</p>	<ul style="list-style-type: none"> Licensed product – no need to write a letter to justify order Complies with MHRA guidelines to use a UK licensed product Routinely available via normal community pharmacy channels, and standard NHS product The cheapest most accessible product – 54% cheaper than current The most prescribed formulation within CWPT GPs more likely to accept for shared care 	<ul style="list-style-type: none"> Paediatric use is off-label – inform the patient/carer as product leaflet will refer to adult use A modified release product, but tablet may be crushed If swallowing difficulties tablet can be crushed to fine powder and mixed with water or given with small amount of cold soft food such as teaspoon of yoghurt or jam Prescribe dose in increments of 2mg (e.g. 2mg, 4mg, 6mg)
<p>Alternative Choice - caps Melatonin capsules (Special Products Ltd) 2mg or 3mg</p> <p>Un-licensed use of unlicensed product</p>	<ul style="list-style-type: none"> Not as easy to order as Circadin - Community pharmacies need to place a special order Unlicensed product, but manufactured according to Good Manufacturing Practice Because not imported no requirement to write a letter of justification Specifying "Specials Products Ltd" ensures Community Pharmacies supply this type Prescriber has no direct control over price charged 	<ul style="list-style-type: none"> Immediate release product Capsules may be opened to mix the powder in a drink or small amount of soft food Available in packs of 60 capsules Prescribe in multiples of 2 or 3mg (e.g. 2mg, 2 by 2mg, 2 by 3mg) Must write Special Products Ltd on script
<p>Alternative Choice - liquid KidMel® Melatonin liquid 1mg in 1ml (Special Products Ltd)</p> <p>Un-licensed use of unlicensed product</p>	<ul style="list-style-type: none"> As above Use only if patient/carer unable to crush Circadin tablets or open capsules 	<ul style="list-style-type: none"> Liquid available in 200ml bottles Branded as Kidmel® - KidMel is an alcohol free sugar free version of liquid melatonin. KidNaps contains alcohol & sugar

- CWPT currently uses 34 different variants of melatonin products
- Costs of unlicensed melatonin capsules / liquids vary substantially; and are not easily controlled by the prescriber.
- Using Circadin® m/r tabs 2mg as the melatonin product of choice is 54% cheaper, could save £200,000 p.a. across Coventry & Warwickshire**
- *Circadin is the only product to have a definite NHS List price, and price quoted is standard NHS price. Unlicensed product prices = range of FP10 costs within Coventry and Warwickshire. Order direct from Special Products to ensure cheapest NHS price, lower than the FP10 price currently charged

Ordering direct from Special Products Ltd is the most cost effective method of obtaining melatonin capsules and liquid and is commended to Community Pharmacy Colleagues

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Melatonin 2mg daily and 6mg daily Typical Costs Per Years Treatment

BNF Mar 2011 & FP10s 2010

