



Coventry & Warwickshire Blood Glucose Testing Strips Preferred Prescribing List (PPL)

For guidance on which patients may need to self-monitor blood glucose, please see APC document RD003

For patients with Type 2 diabetes who need to self-test, offer the patient a choice from:

Test Strips	Cost	Expiry after opening	Compatible Meter	Sample Size	Memory	Lancets
WaveSense JAZZ	£8.74 (50) £8.74 (2x25)	6 months	WaveSense JAZZ or WaveSense JAZZ Wireless	0.5 µL	1865	AgaMatrixUltra Thin 28g (0.35mm) £5.43 (200) 33g (0.2mm) £5.43 (200)
TrueYou	£9.92 (50)	4 months	TrueYou or TrueYou Mini	0.5 µL	500	TruePlus 30g (0.32mm) or 33g (0.195mm) £2.90 (100)
Contour	£9.95 (50)	As per package	Contour Black	0.6 µL	480	Microlet 28g (0.5mm) £3.90 (100), £7.44 (200)

If ketone testing is needed for Type 1 diabetes the following strips are recommended:

Test Strips	Cost	Expiry after opening	Compatible Meter	Sample Size	Memory	Lancets
Glucomen Aro	£9.95 for 50 blood glucose strips (£9.95 for 10 ketone strips)	12 months	Glucomen Aro 2K	0.5 µL	730	Glucoject Plus 33g (0.2mm) £3.77 (100) £5.50 (200)

For Type 1 patients or complex Type 2 patients with additional requirements, the following strips may be prescribed on the advice of a **diabetes specialist nurse** or **physician**:

Test Strips	Cost	Expiry after opening	Compatible Meter	Sample Size	Memory	Lancets	Further information
Mobile Cassette	£9.99 (50)	3 months	Accucheck Mobile	0.3 µL	3000	Fastclix30g (0.3mm) £5.90 (204)	For patients on insulin (but not basal/bolus regime) No individual strips to handle – may be useful for patients with dexterity difficulties
Contour Next	£15.04 (50)	As per package	Contour Next	0.6 µL	800	Microlet 28g (0.5mm) £3.90 (100) £7.44 (200)	For insulin patients
			Contour Next One	0.6 µL	2000		For insulin patients; can log carbohydrates
			Contour XT	0.6 µL	480		Basic meter; large display
OneTouch Verio	£15.12 (50)	6 months	One Touch Verio	0.4 µL	500	OneTouch Delica 30g (0.32mm) £5.85 (200)	Basic meter with big screen. May be useful for patients with dexterity/ visual difficulties
			Verio IQ	0.6 µL	750		Suitable for complex insulin patients
Aviva	£16.09 (50)	18 months	Accucheck Aviva Expert	0.6 µL	1100	Fastclix30g (0.3mm) £5.90 (204)	For patients on basal/bolus regime Calculates insulin dose

All prices quoted are taken from the Drug Tariff, July 2018.

Please note that this is a preferred prescribing list. Recommended products should be prescribed where possible; however in certain situations, specific patient needs may require that other meters are recommended by specialist teams; in these cases, specialists should explain why a non-PPL meter has been chosen and prescribers should follow specialist advice.